

Foundation Life After Imprisonment

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The start

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OSLO PRISON

RELEASE

- High re-offending numbers
- 2002
- Convicts
- Start up supported by the Prison Governor





MY OWN QUALIFICATIONS



- Several years in prison.
- Extensive history of different addiction issues.
- Finally, managed to change myself
- My positive and negative experience with the prison service

Challenges

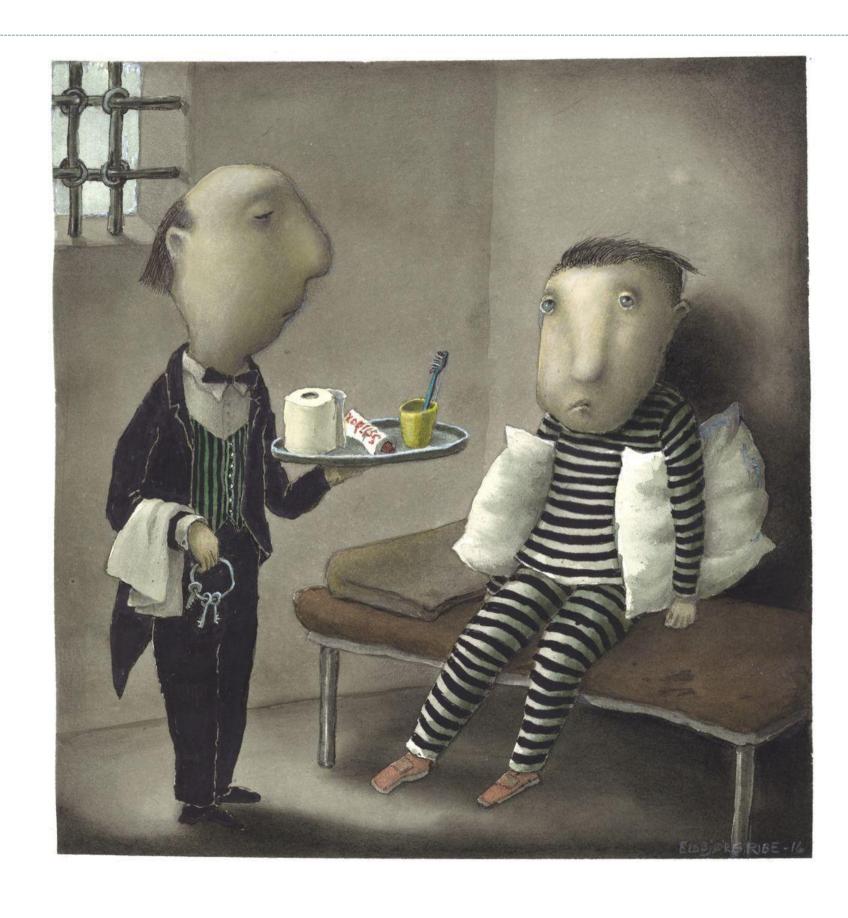
- Shame
- Identity
- Network
- Change
- Belonging







Penalty enforcement in Norway





- The proximity principle
- Normality
- Dynamic security
- Punishment is lack of freedom.
- You keep all your civil rights



Lived Experience

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- Reflect on your experience
- Are you comfortable to share
- What do I share?
- What do you do when you are reminded on past experience

Equality – Lived Experience in Detention



- How do we work together?
- How to make my voice available?
- Respect
- Understanding
- Vocabulary
- Availability (mever say no)

Most dangerous convict on the run

- Calm down the population
- Be the person as ex prisoner who seems to be normal





Psyciatric diagnoses among women in prisons (Norway)



Vegard Svendsen



Torbjørn Skardhamar



Marianne R.



Anne Bukten











User council KDI (directorate)





- Victims
- Formerly incarcerated people
- Relatives



Our greatest value

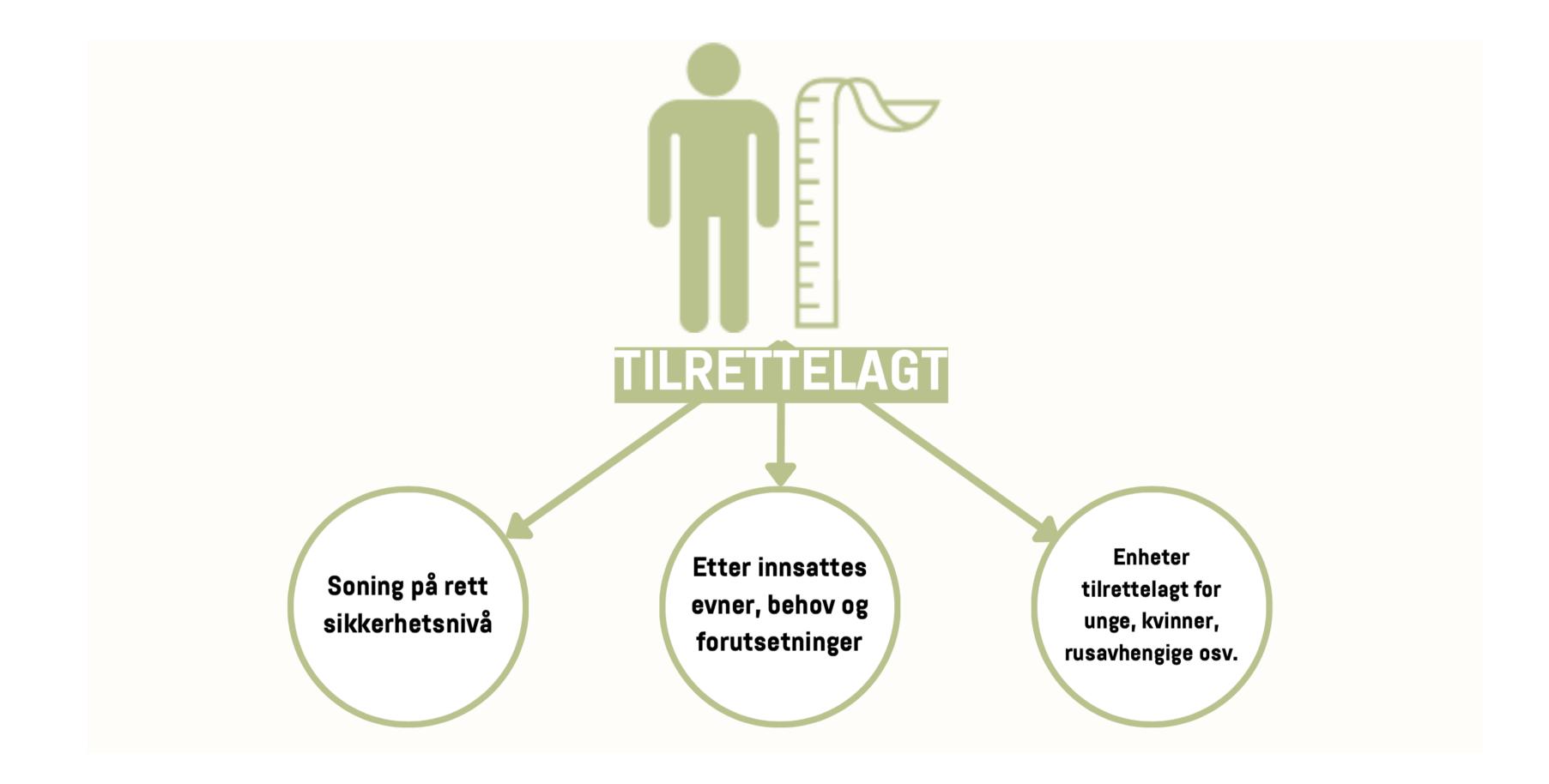
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Share experience and knowledge from our own lifes, combined with wisdom of others in the same situation

We give hope!





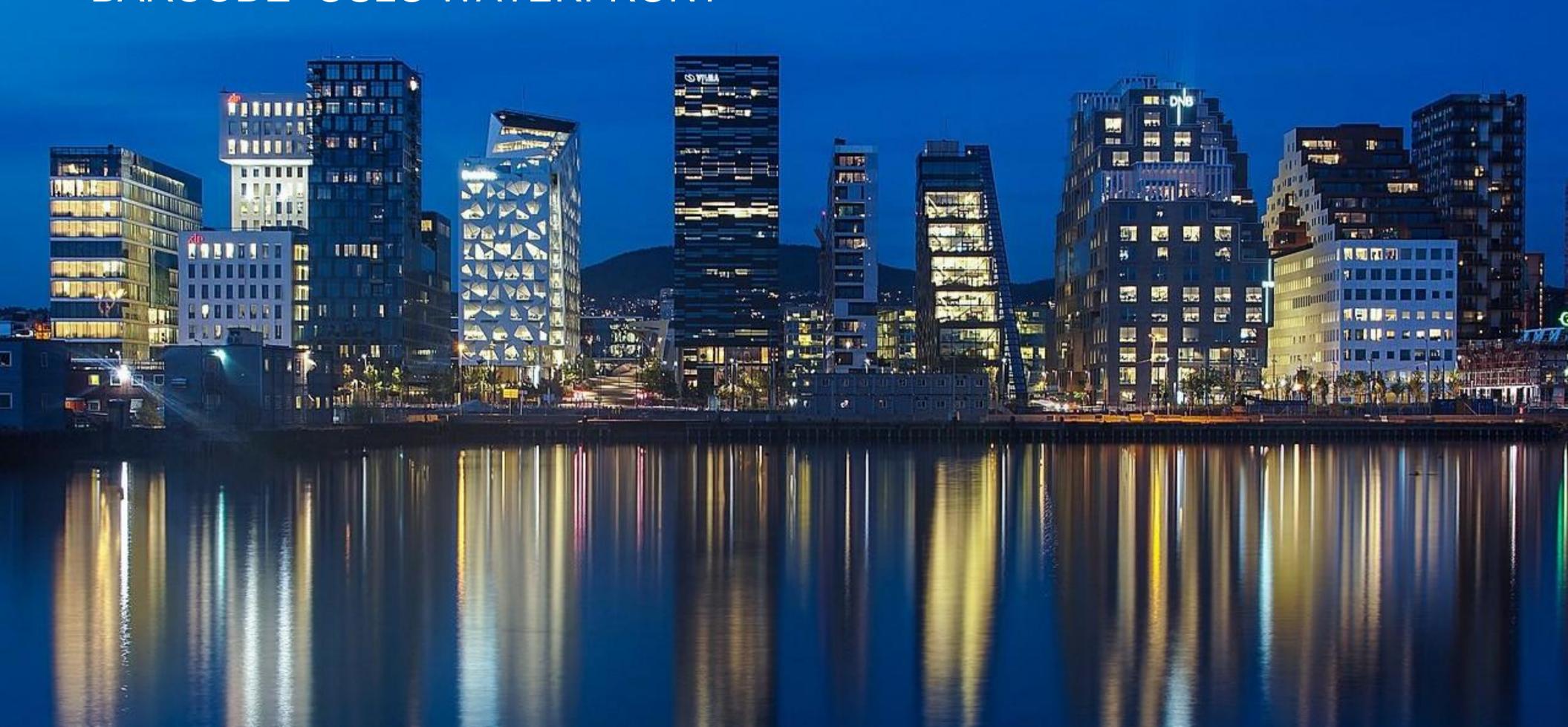




Samhandling lokalt bygger bro mellom fengsel og fellesskapet Flere geografisk spredte enheter ivaretar nærhet for innsatte

Kontakt med NAV, helsetjeneste, arbeidsgiver o.l. forbereder tilbakeføringen

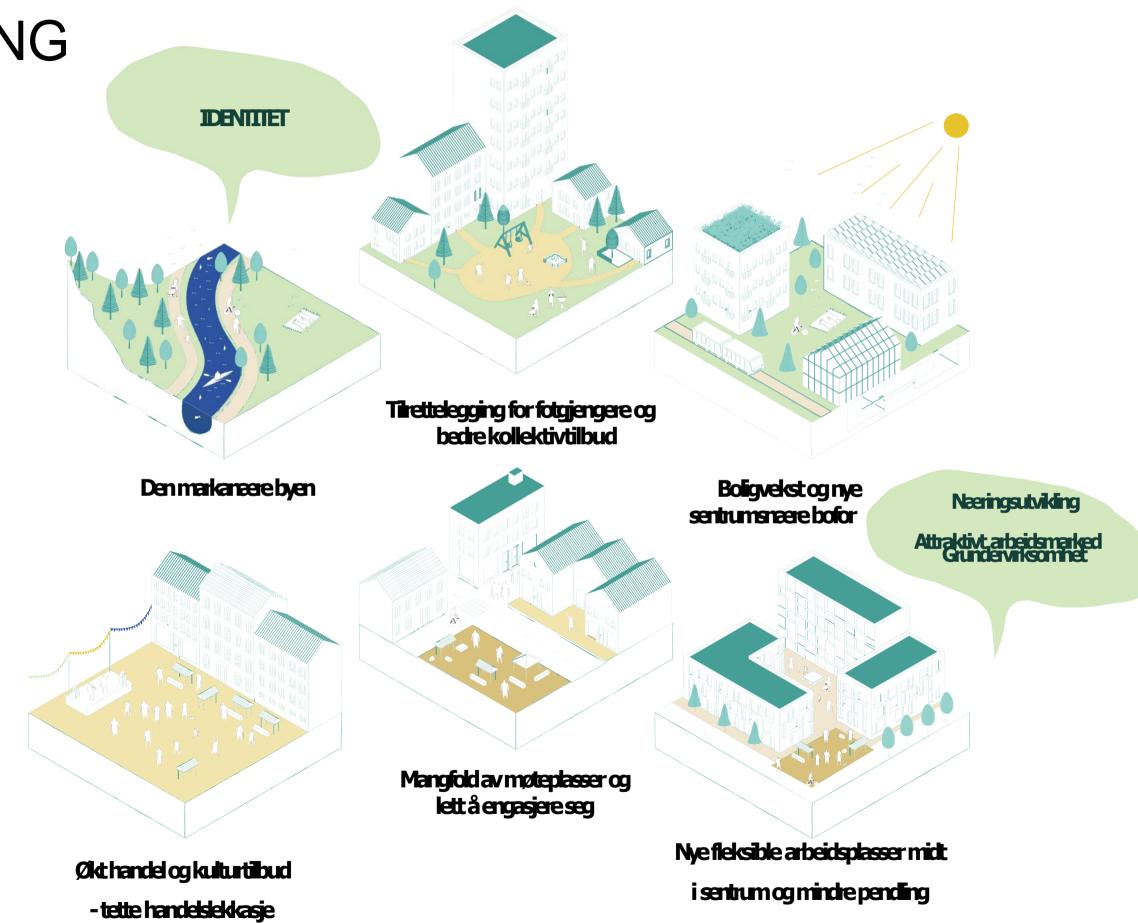
"BARCODE" OSLO WATERFRONT



DARK

PRINCIPLES FOR PLANNING

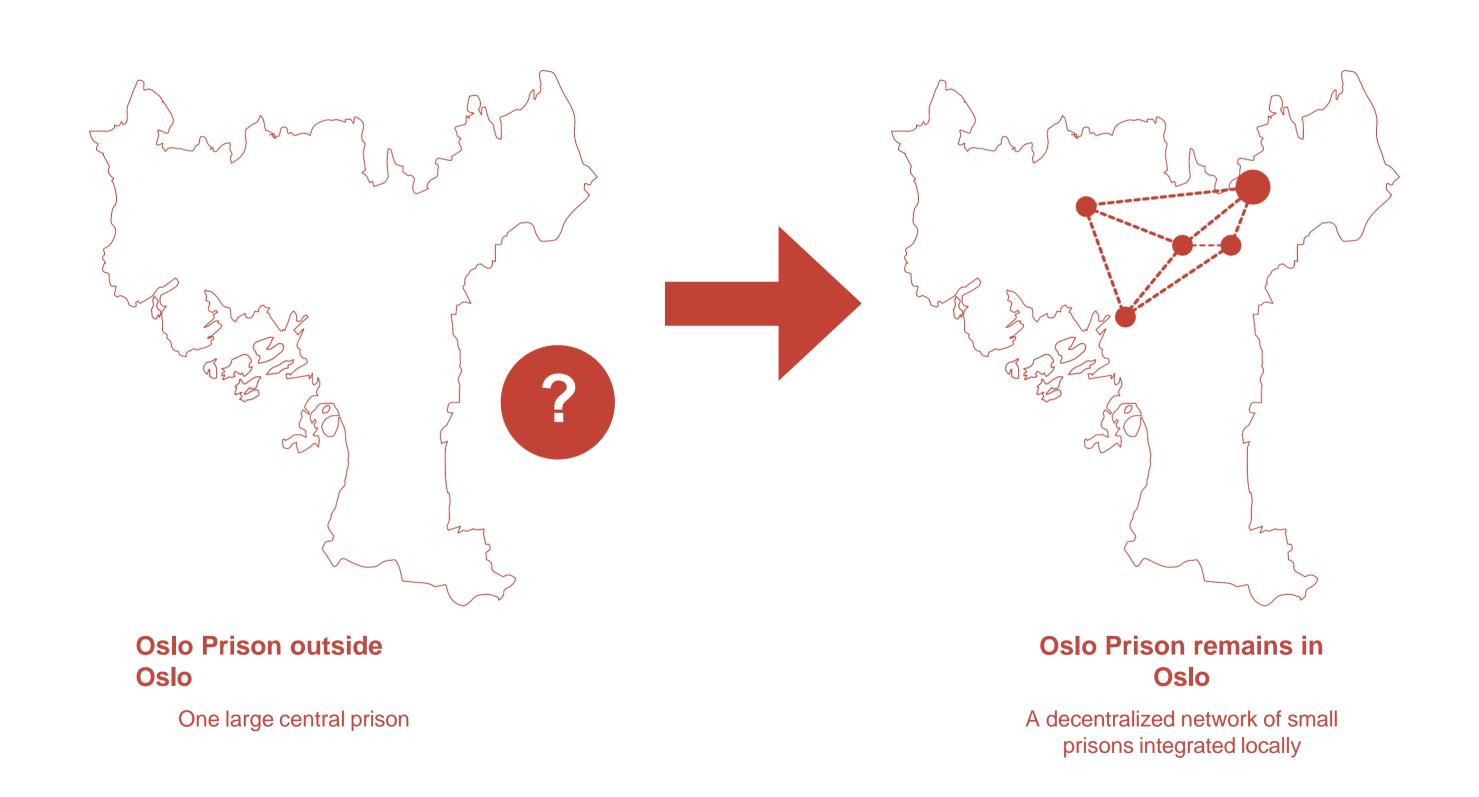
- Sustainable cities
- Smaller community based planning
- Mixed use neighbourhoods
- A non zero sum game
- Social aspects elevated
- Diversity driven



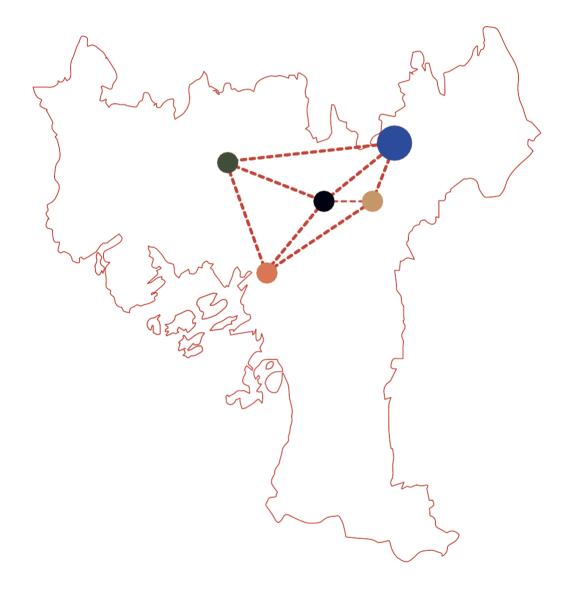
RESCALED - THE OSLO CASE



RESCALED - THE OSLO CASE

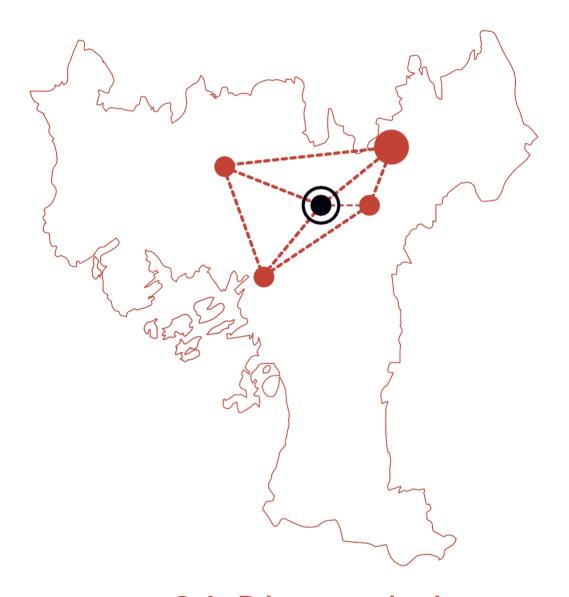


RESCALED - THE OSLO CASE



Oslo Prison remains in Oslo

Diversity in context taints the shaping and programming

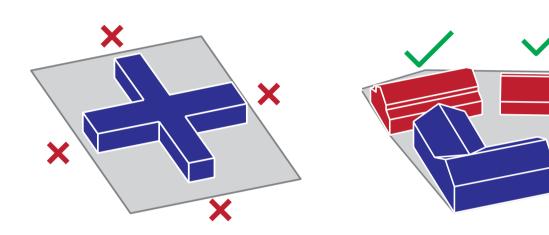


Oslo Prison remains in Oslo

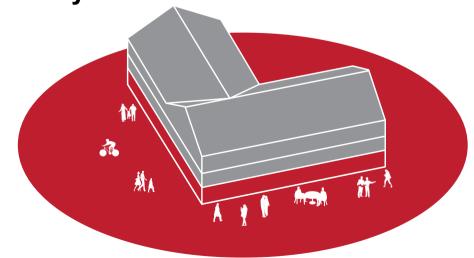
A case study in Økern

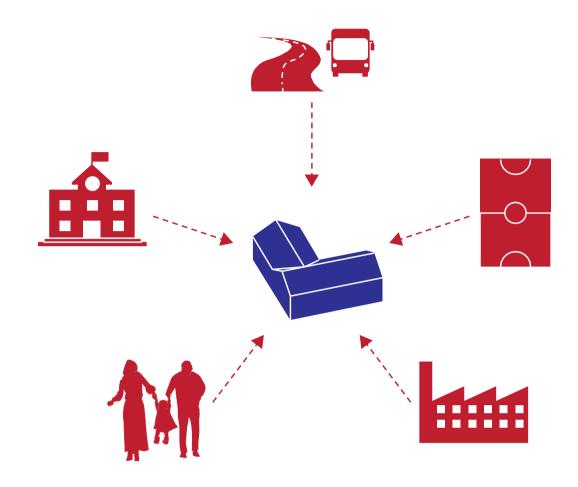
PRINCIPLES FOR PLANNING

1: Typology used is flexible for urban environments

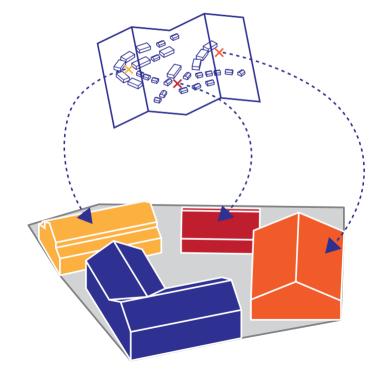


2: Ground floor to activate the "city floor"

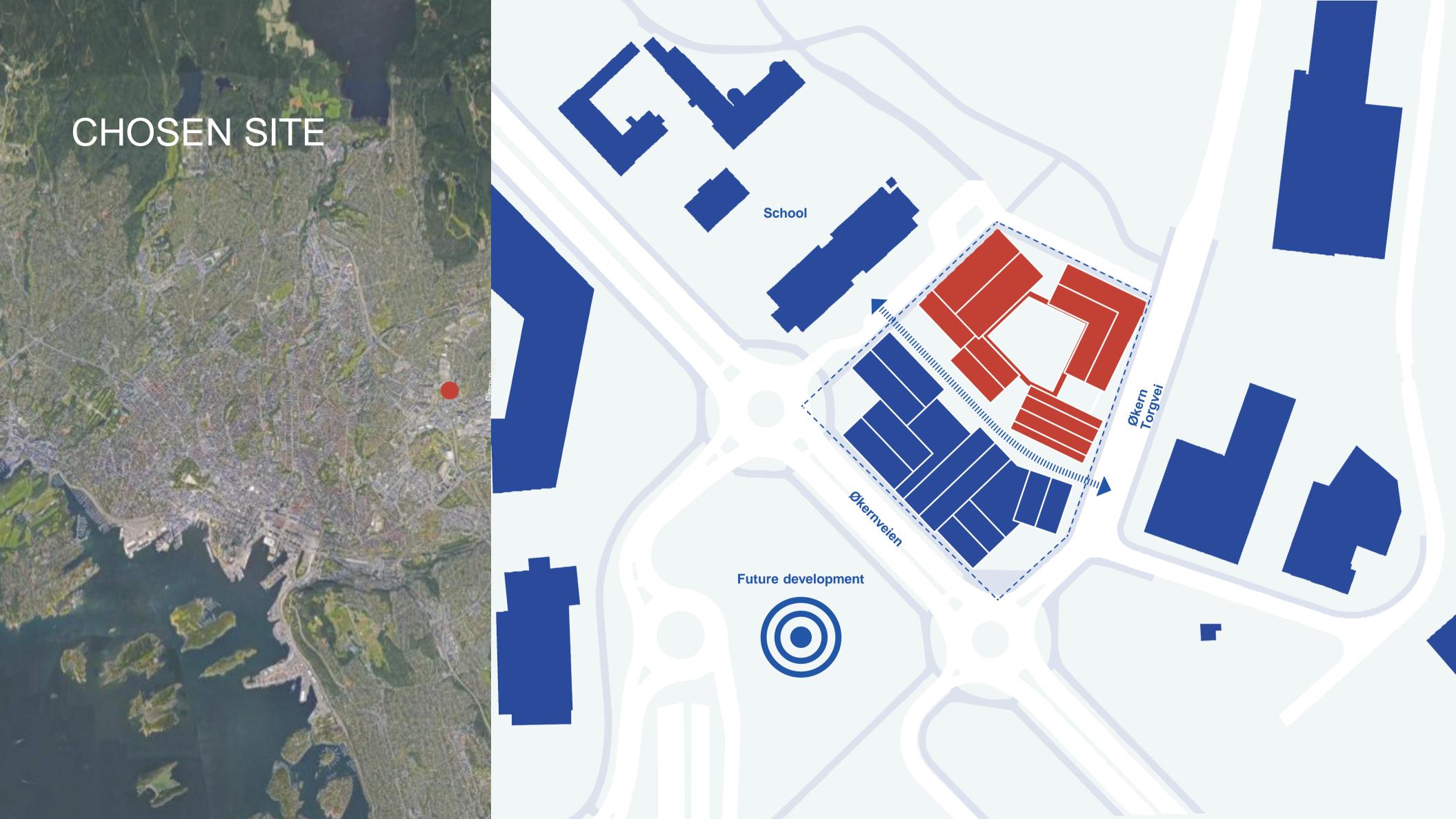




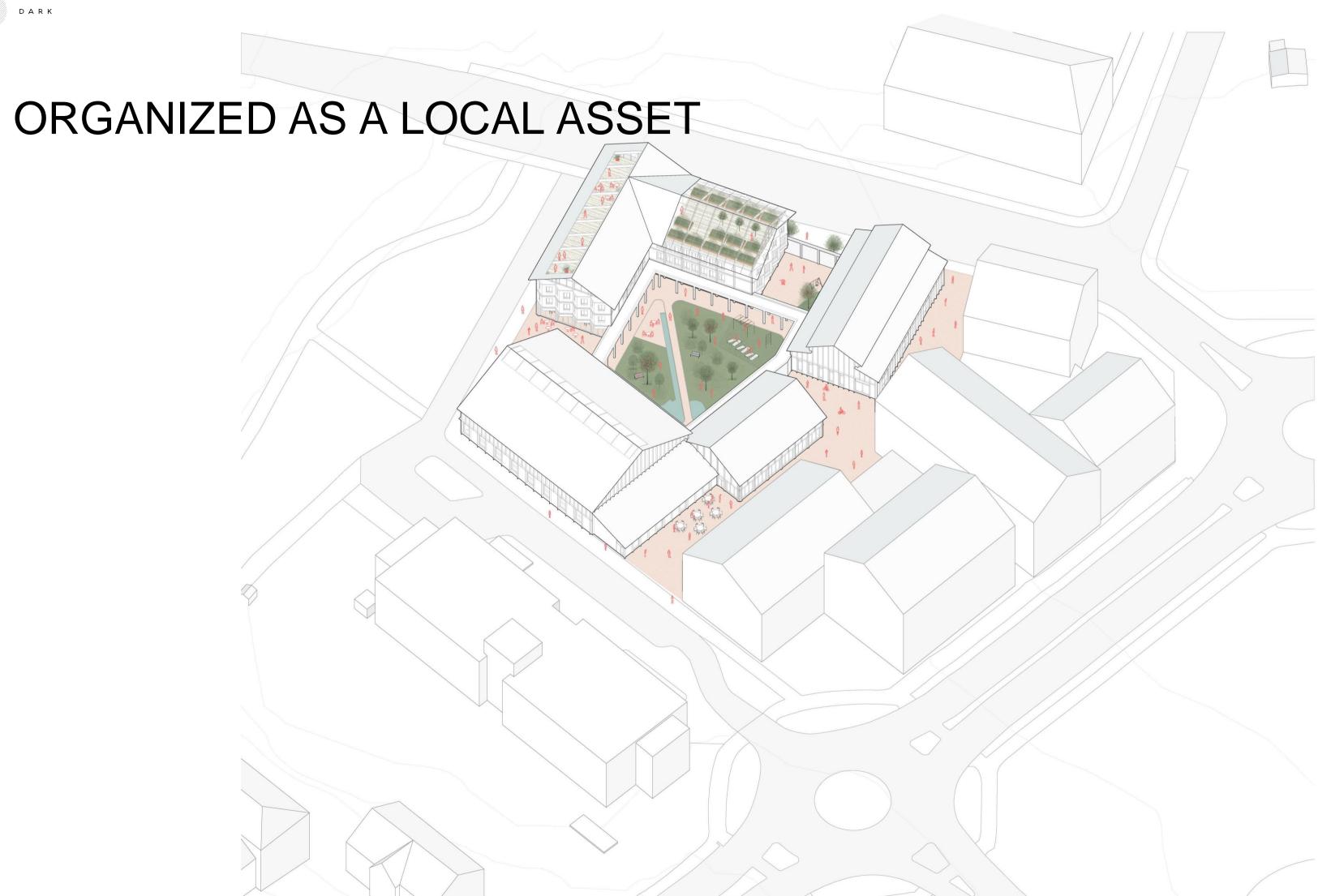
3: Mapping existing context and assess how to utilize



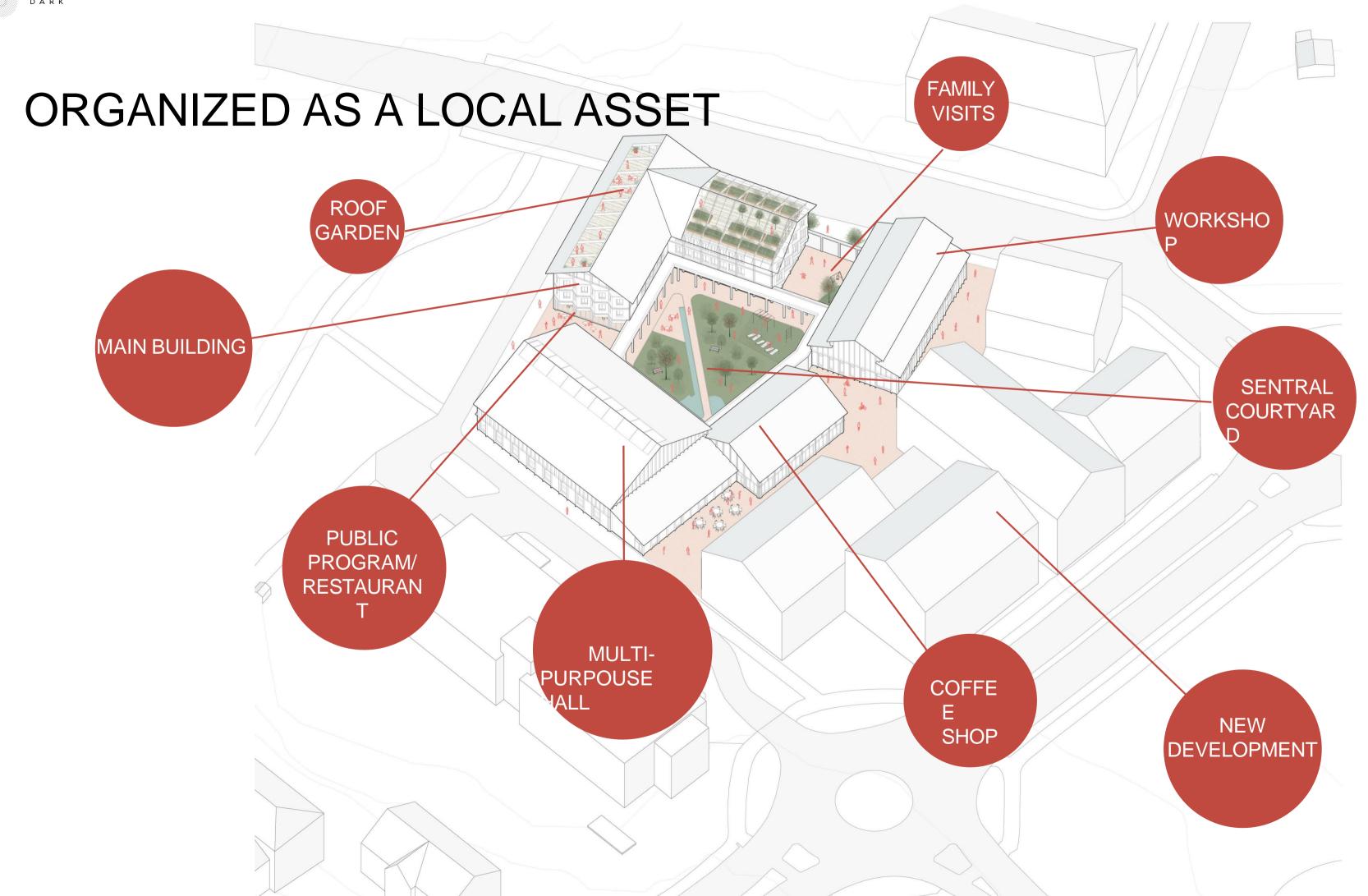
4: Mapping and analyze present and furture needs to neighbourhood









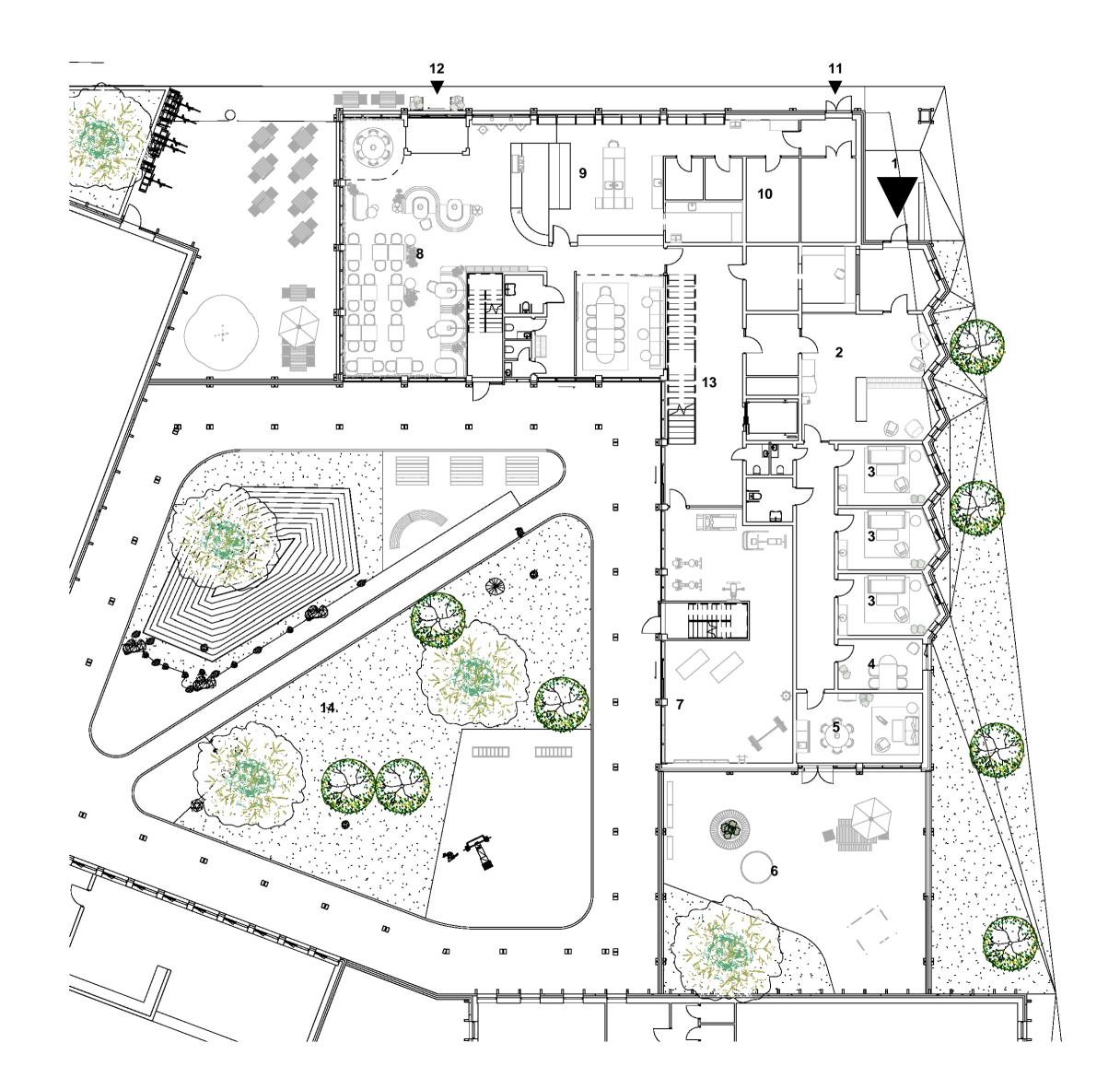




GROUND FLOOR

MAIN FUNCTIONS:

- 1. MAIN ENTRANCE
- 2. SECURITY
- 3. VISIT ROOM
- **4. MEETING ROOM**
- **5. FAMILY ROOM**
- **6. VISITING GARDEN**
- 7. WORK OUT
- 8. PUBLIC PROGRAM (RESTAURANT)
- 9. KITCHEN 10. STORAGE
- 11. DELIVIRY
- 12. PUBLIC ENTRANCE
- 13. CENTRAL STAIR
- 14. COURT YARD



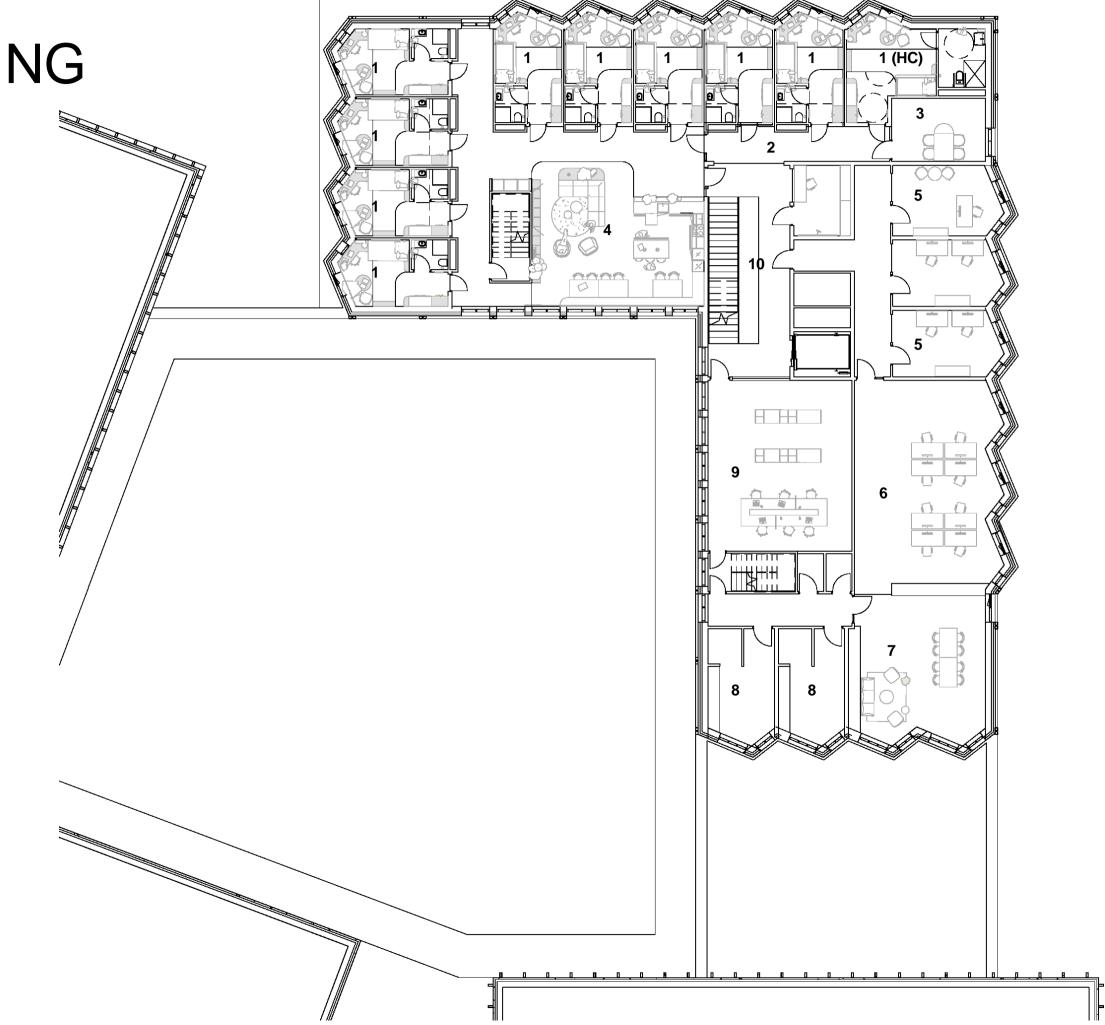




TYPICAL UNIT AND ADMIN WING

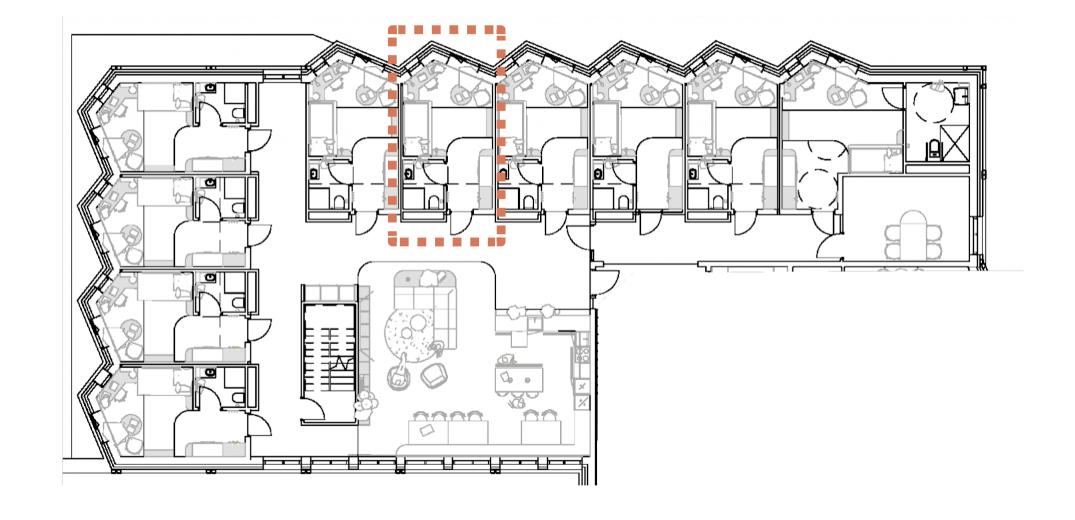
MAIN FUNCTIONS:

- 1.ROOMS
- 2.CEALED OFF ROOMS (OPTIONAL)
- **3.CONVERSATION ROOM**
- **4.COMMON AREAS**
- -KITCHEN
- -DINING
- -SOFA/TV
- **5.OFFICE FOR SERVICES**
- **6.ADMINISTRATION**
- **7.BREAK ROOM**
- 8.WARDROBE STAFF
- 9.MULTIPURPOUS ROOM
- -SCHOOL
- -LIBRARY
- -SOCIAL EVENTS
- -OTHER
- **10. CENTRAL STAIR**





COMMUNITY BASED UNITS







COMMUNITY BASED UNITS







COMMUNITY BASED UNITS





DEPARMENTS BASED ON COMMUNITY

Possibility of curtains in front of thirdows to improve sound absorption and reduce echo. Creates a warmer atmosphere

Different zones for different activities—
everything shouldn't happen in the bed.
A desk for work and space for a
comfortable chair.

Soft and warm colors create a sense of warmth—it should not feel cold.

Comfortable lighting with adjustable brightness and a pleasant color temperature. Allows for turning on and off as desired—promoting care and a more stimulating environment.

A recessed shape with a different color in the flooring to break up the room, define the sleeping area, and create the feeling of a rug. Picture rail to hang personal items on the wall for personal touch

Hooks and a shoe rack with a seating bench in the entrance to create comfort and a personal touch. Features that evoke a sense of home, care, and comfort.









SUSTAINABILITY



- Buildings may be transformed Student housing or elderly homes
- Reduce reduses recidism reduced cost
- Use excisting infrastructure. Public transport, gym, library
- Multi-use and shared use of the functions in the prison and the surroundings create less need of building footprints
- A city with room for everyone: Integration and normalization into society
- Prisons located closer to where people live can attract much needed competense to staff
- Inmates serving their correctional sentence closer to home enables a better family life
- Work in prison can be adapted to a more local need and real life expectency

