

# Southern Vestfold prison

- Larvik department- high security prison
- Berg department – low security prison

# Berg department

- Inmates with long sentences, mainly from the eastern region in Norway
- National responsibility for progression-oriented offer to inmates in all of Norway.
- Capacity for 48 male inmates
  - Including 4 preventive detention
- Average length of sentence: 6,5 years
- Average residence time: in excess 1 year
- Serious offences



## **46 inmates** *(per 23.02.25)*

- 11 violence/ homicide
- 25 sexuality offences
- 7 drug offences
- 3 financial crime/ robbery/ other



# Local departments in Berg

- Technical
  - Depot, maintenance, carpentry
- Agriculture
  - Produce potatoes, vegetables, meat from sheep, apples, honey and firewood.
- Garage
  - Car care, car bodywork and car workshop
- Kitchen
  - Produces and deliver food to 3 other prisons
- School
  - High school and collage
- Day-release
  - Work/apprentice training, upper secondary or higher education
- Leisure department

«Punishment that makes a difference»

Transparency

Safety

Innovation



## The staff

- 37 employees
- Prison officers
- Work officers
- Administration and management
- Legal advisor
- Social advisor
- Activity leader

# Collaboration partners in prison - importmodel

- Færder high school
- The local healthcare service
- The priest
- NAV (Norwegian work and welfare service)
- The local library
- Statsbygg
  
- Visitation service – Red cross
- Collaboration with volunteer organizations, example.: Kirkens bymisjon FRI, Frelsesarmeen, Konfliktrådet, Wayback, Veien tilbake, Sammen for livet





# Reintegration work

- Employment/ meaningful activity
- Economy
- Safe housing
- Network/ leisure time
- Family/ children
- Personal growth – inner motivation
- Work with the criminal behavior



# Interdisciplinary collaboration

- Responsibility group is the core of the interdisciplinary collaboration with the individual inmate
- The participants are mainly the inmate, contact officer, social advisor, work officer, school and health department. If needed; activity officer, NAV (Norwegian work and welfare service), probation offices, child care service or others.
- The first responsibility meeting must be held 1 month after arrival and every third month after that
- Work mapping, collaboration meetings and professional group meeting



# Security

- Static security
- Organisational security
- Dynamic security

# Dynamic security

- *“Reading situations within a group with a common understanding of the high awareness of the inmate and the work environment for thereby calibrating their responses through a bodily, collective adaptability and preparedness to quickly respond as muted and invisible as possible to the shifting situation at hand”*

Boe, Sørensen & Midtlyng

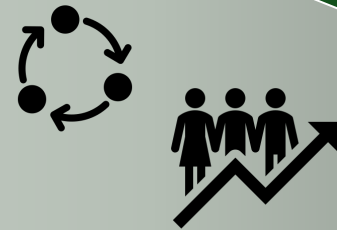
Framework and context



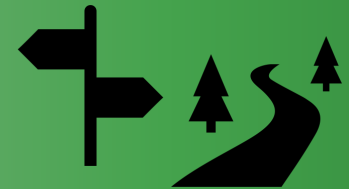
Culture



Theory



Method



Measures



Practise

# Methode

- Risk analysis
- Contact officer arrangement
- Relationship work
- Environmental work
- Cognitive approach
- MI - Motivational interview
- Trauma-informed approach
- Conflict-reducing communication
- Systemic understanding

# Challenges

- Organisational culture
- Social culture
- Changes in the prison population
  - Young criminals
  - Mental health issues - more severe/komplex
- Time
- Prejudices
- Profesional/private/personal

# The danger of a single story

<https://www.youtube.com/watch?v=ODzwb90b5qE>